



NUTRITION INFORMATION



	Serving Size (g)	Calories	Fat Calories	Fat Total (g)	Saturated Fat (g)	Trans Fat (g)	Total Carbohydrate (g)	Protein (g)	Cholesterol (mg)	Sodium (mg)	Fiber (g)	Sugars (g)	Vitamin A % DV	Vitamin C % DV	Calcium % DV	Iron % DV	Niacin % DV	Vitamin E %DV	Vitamin B6 % DV	Magnesium % DV	Zinc % DV	Copper % DV	Meat & Beans (ounces)	
Peter Pan® Peanut Butter																								
Peter Pan, Creamy	32	210	150	17	3	0	6	8	0	140	2	3	0	0	0	2	15							2
Peter Pan Honey Roast, Creamy	34	200	140	15	3	0	10	8	0	125	2	8	0	0	0	2								2
Peter Pan, Crunchy	32	190	140	16	3	0	6	8	0	110	3	3	0	0	0	2	15							2
Peter Pan Honey Roast, Crunchy	34	200	140	15	3	0	11	7	0	115	2	7	0	0	0	2								2
Peter Pan Plus, Creamy	32	210	150	17	3	0	7	7	0	140	2	3	15	0	0	20		20	20	25	25	20		2
Peter Pan Reduced Fat, Creamy	36	200	120	13	2	0	14	8	0	150	2	4	0	0	0	4	20							2
Peter Pan Reduced Fat, Crunchy	36	200	120	13	2.5	0	14	8	0	150	2	4	0	0	0	4	15							2
Peter Pan Whipped, Creamy	24	150	110	12	2.5	0	5	6	0	105	2	2	0	0	0	2								2

Nutrition information updated June 1, 2009. For most current information always check the Nutrition Facts panel on the product.

